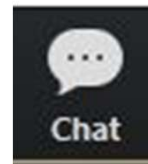


# ECHO Vision and Eye Health in Primary Care

12-07-22

## Reminders:

- Please use your first name and center location when you join the conference
- Use the “chat” feature to ask questions
- Please remember to mute your microphone unless speaking.
- If you can't connect audio via computer or you lose computer audio at anytime, you can call in to session at (408) 638-0968, Meeting ID 907-467-7320##



# Disclosures

No one else in a position to control the educational content of this activity has any relevant financial relationships with ineligible companies to disclose. All of the relevant financial relationships listed for these individuals have been mitigated.

This CME-certified activity has not requested or received any support or funding from commercial interests.



**Prevent  
Blindness**

*Our Vision Is Vision.*



AT THE FOREFRONT

**UChicago  
Medicine**

# Low Vision Rehabilitation

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Kelly Scherer, OD  
Director of Clinical Services  
The Chicago Lighthouse

# Low Vision Rehabilitation

## Who can benefit?

All causes and types of vision loss

Light Sensitivity

Visual Field Loss  
Peripheral vs  
Central

Visual Acuity  
Loss

Visual distortions

Color Vision Loss

Cortical vs Ocular  
vision loss

# Low Vision Rehabilitation

## Who can benefit?

All levels of vision loss



Mild Vision Loss



Visually Impaired

Visual acuity of 20/70 or worse in the better seeing eye.



Legally Blind

Visual acuity equal to or worse than 20/200 in the better seeing eye; or a visual field of equal to or less than 20 degrees



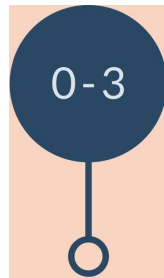
Total Blindness

No light perception

# Low Vision Rehabilitation

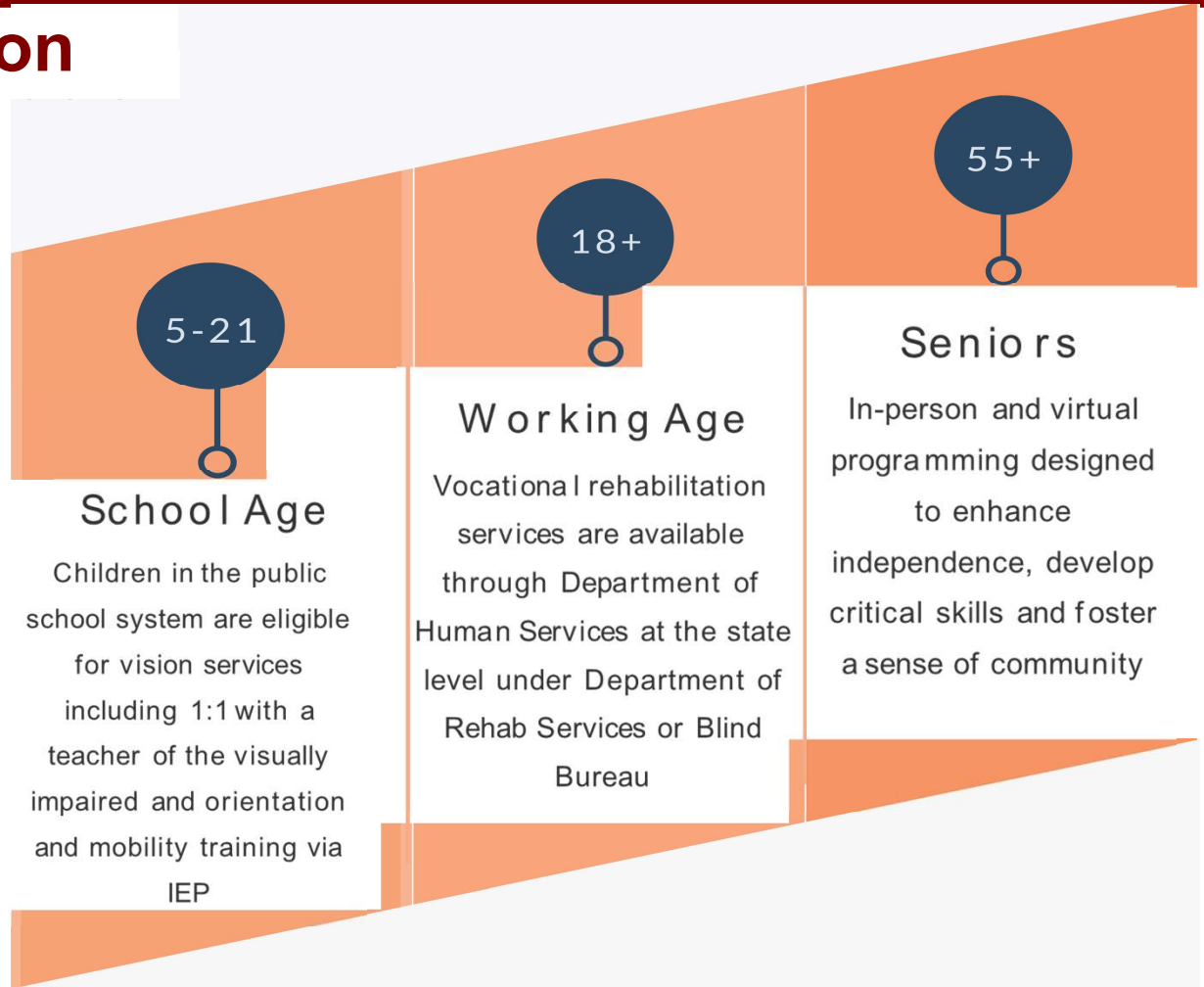
## Who can benefit?

### All Ages



#### Infancy + Preschool

Early Intervention is a home based developmental and family support to promote learning and development in children with vision impairment and multiple disabilities.



# Low Vision Rehab Team



## Eye Care

Optometry and Ophthalmology



## Rehabilitative Therapy

Occupational Therapists, Certified Low Vision and  
Vision Rehabilitation Therapists



## Orientation and Mobility

Certified Orientation and Mobility Specialists



## Assistive Technology

Certified Assistive Technology Instructional Specialists



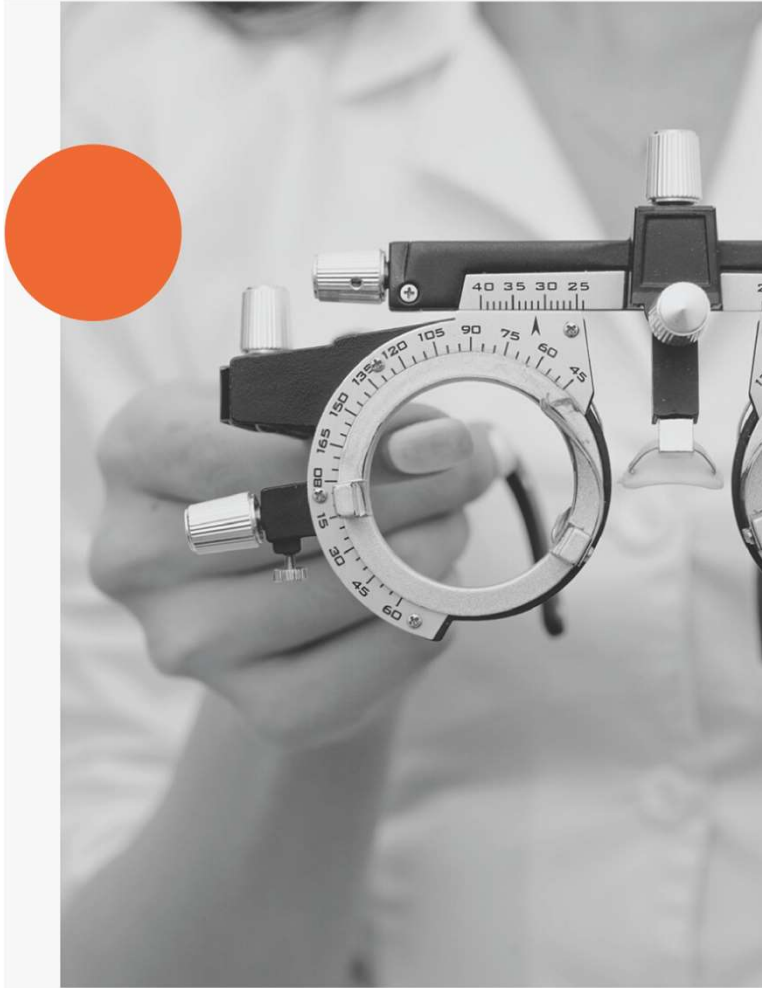
## Mental Healthcare

Psychologists, Counselors, Therapists



## Vocational Rehabilitation

Employment Counselors



# Low Vision Optometry

A functional look at vision

- Educates the individual on their diagnosis
- Reviews how the diagnosis effects day to day function
- Provides rehabilitative devices and strategies to optimize function based on patient goals

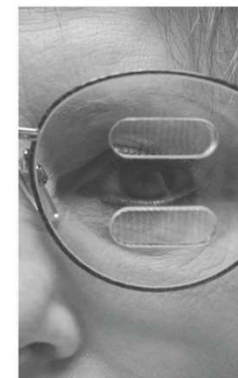
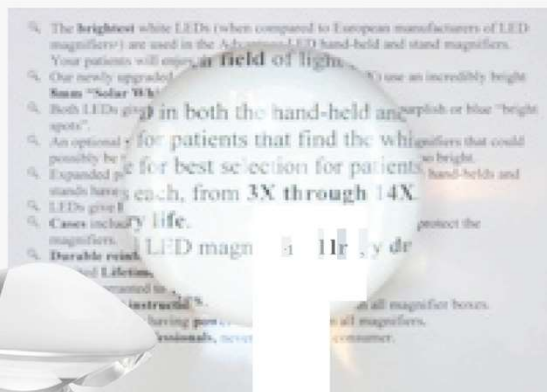




## Low Vision Devices

The low vision exam includes evaluation for prescriptive optical devices including:

- Glasses
  - Prism
  - Microscopes
- Optical Magnifiers
  - Handheld
  - Stand
    - Dome





## Low Vision Devices

- Telescopes
  - Monocular handheld
  - Binocular handheld
  - Spectacle mounted
  - Bioptics for driving



# Rehabilitation Therapy

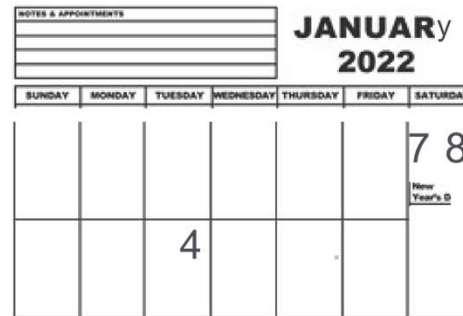
Provide training on independent living skills

- Accident and injury prevention
- Training on eccentric viewing, visual tracking and scanning
- Environmental or task modification
- Promote a healthy and satisfying lifestyle
  - Medication Management
  - Money Management
  - Personal Care





- Lighting
- Filters or Tints
- Writing Tools
- Tactile labeling
- Audio devices

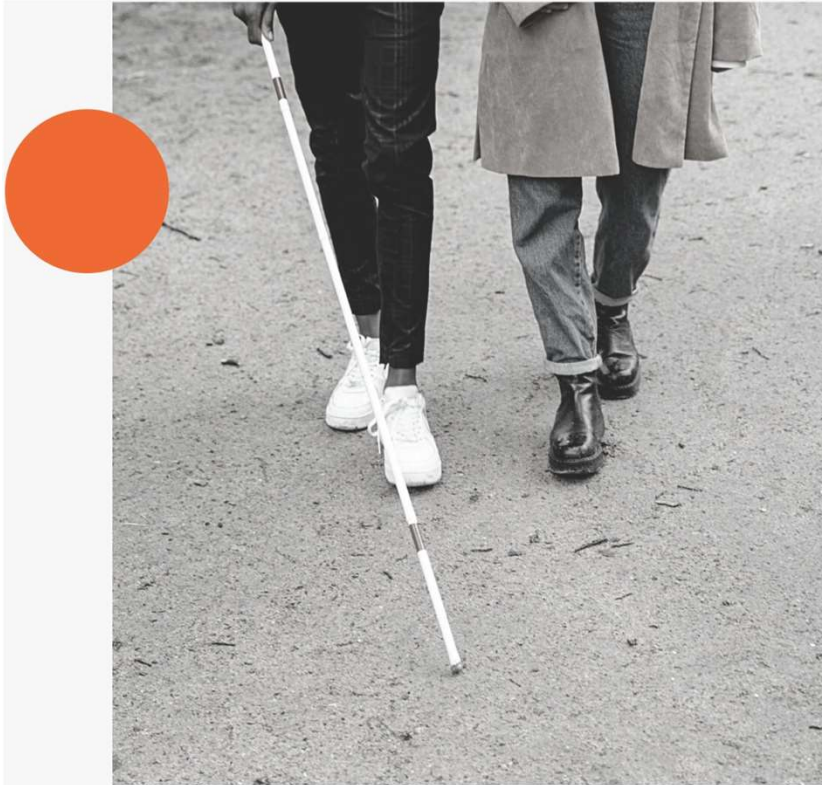




# Orientation & Mobility

Teach safety and independence in navigating various environments

- Route planning and following directions
- Long white cane skills
- Human guide technique
- Guide dogs
- Street crossings techniques
- Public transit use
- Sensory development
- Self protective techniques
- Soliciting and/or declining assistance
- Problem solving



# Assistive Technology

Provide training on accessibility features of personal technology and on assistive technology devices

- Cell phone and tablet apps and accessibility features
- Computer accessibility and software
- Smart speaker utilization
- Electronic magnification
- Audio devices
- Braille technology





## Low Vision Devices

Assistive Technology encompasses visual, audio and tactile devices including:

- Electronic Magnification (CCTV's)
- Text to speech devices (OCRs)
- Refreshable Braille Displays
- Screenreaders



# Audio Description

Audio Description is a way people with vision loss watch TV & movies. You can find lots of examples on Youtube. Try listening to one of something familiar and something unfamiliar to see how much you can gather without the visual video.

Find all audio described content cataloged by the Audio Description Project at [adR.acb.org](https://adR.acb.org)



# Mental Healthcare

Studies demonstrate high prevalence of depression, anxiety, and multiple co-morbid diseases in the visually impaired population.

- 1:1 Counseling
- Support groups
- Family counseling
- Caregiver support





## Vocational Rehabilitation

Provide skills training for job readiness, job placement, and retention.

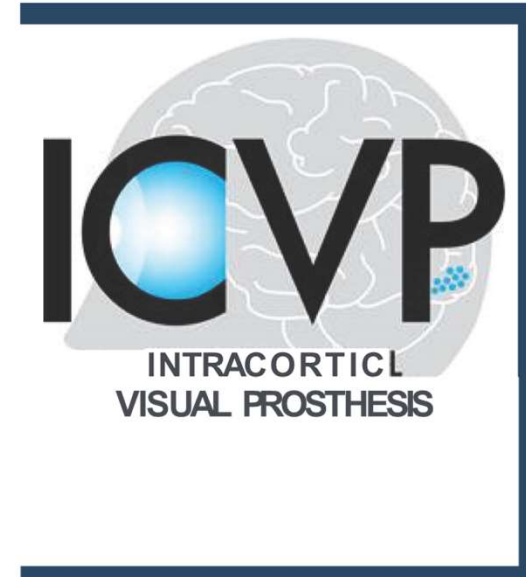
- Computer Literacy Training
- Resume writing
- Mock-interviews
- Coaching
- Job Skills Training
- Workplace Accommodations

# Research and Innovation



## Brainsport

FDA approved device that translates visual information from a camera to electrical stimulation on the user's tongue, allowing blind individuals to determine shape, size, and location of objects as well as perceive movement and other environmental information.



## Intracortical Visual Prosthesis

Currently in phase 1 of clinical trials, this device implanted in the brain communicates wirelessly with a camera which may help people who are blind perceive some light.

# Research and Innovation

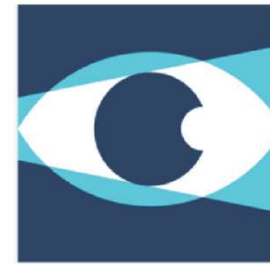


Together, we're *winning*

## Foundation Fighting Blindness

World's leading private funder of retinal disease research that helped develop the first FDA approved gene therapy for an inherited retinal disease. The Foundation provides information and outreach programs for patients, families and professionals including local and regional chapters.

FOUNDATION FIGHTING BLINDNESS



My Retina  
Tracker®  
Registry

## My Retina Tracker

The foundation supports a free genetic testing program as well as a research data base for individuals with inherited retinal diseases like Stargardts and Retinitis Pigmentosa.



## Find Services Near You

- e Prevent Blindness - U.S. & International Agencies, Centers, Organizations, and Societies

[lowvision.preventblindness.org/resourcesf](http://lowvision.preventblindness.org/resourcesf)

- e State Vocational Rehab Services  
Department of Rehab Services - Blind Services

[rsa.ed.gov/about/states](http://rsa.ed.gov/about/states)

- e Vision ServiceAlliance Directory

[visionservealliance.org/lost-your-vision/](http://visionservealliance.org/lost-your-vision/)

# Resources

All directly available to patients

**Free White  
Cane**

[nfb.org](http://nfb.org)

**Free Currency  
Reader**

[bep.gov](http://bep.gov)

**Accessible Medication  
Packaging**

[AccessiblePharmacy.com](http://AccessiblePharmacy.com)

**Free Online Learning**

[Hadley.edu](http://Hadley.edu)

**Free Audio Books**

[loc.gov/nls](http://loc.gov/nls)



# ADDITIONAL RESOURCES

## National Federation of the Blind

[nfb.org](http://nfb.org)

## Prevent Blindness

[preventblindness.org](http://preventblindness.org)  
- Transportation services  
directory

## Reading Services

CRIS Radio  
[chicagolighthouse.org/radio](http://chicagolighthouse.org/radio)

[Gatewaywave.org](http://Gatewaywave.org)

NFB Newsline

## Audio Books

[bookshare.org](http://bookshare.org)

[loc.gov/nls](http://loc.gov/nls)

## American Printing House

[visionaware.org](http://visionaware.org)  
[aph.org](http://aph.org)

## American Council of the Blind

[acb.org](http://acb.org)

## American Foundation for the Blind

[AFB.org](http://AFB.org)

## Announcements

- You will receive a link to the post session survey today. Please complete it in the next **two weeks**.
- Information about obtaining CME will be shared with you after you complete the survey. This is **separate** from the post-session survey.
- Our facilitators are available for consultation on your patients.
- **FOLLOW-UPS**: You will be asked to complete a follow-up case form. Patient outcomes are critical for assessing the success of ECHO-Chicago. We welcome you back to a future session to present your follow up case.



## Please join us for other ECHO-Chicago Series

- **Complex Pediatric Asthma** – Thursdays, beginning January 19<sup>th</sup>, 8 AM – 9 AM CST (12 sessions)
- **CNA Leadership Workshop** – Thursdays, beginning in March, 8 AM – 9 AM CST (12 weeks)
- **Geriatrics** – Tuesdays beginning in March, 8 AM – 9 AM CST (12 sessions)
- **Urinary Incontinence** – Wednesdays beginning in March, 8 AM – 9 AM CST (8 sessions)

Also feel free to register on our website for our final COVID-19 population-specific update session for our latest cohort, from 5:30-6:30 PM

- **Adult update sessions** (Wednesday, August 15<sup>th</sup>)

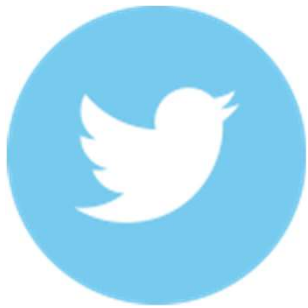
For more information on upcoming series, please see our monthly newsletter or visit our website, [echo-chicago.org](http://echo-chicago.org)

**Spread the word – invite colleagues to join ECHO-Chicago!**

## Keep in touch with ECHO-Chicago on Social Media



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