University Hospitals

The Science of Health. *The Art of Compassion.*

MASTERING MENOPAUSE MANAGEMENT

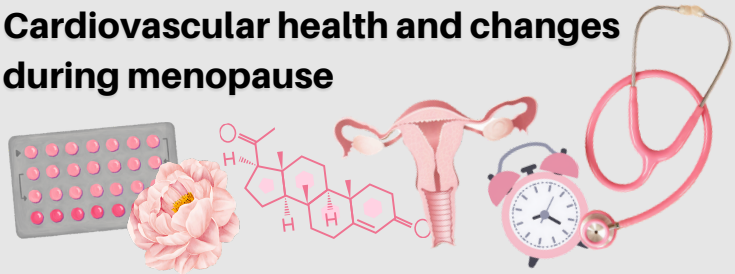
ECHO Series

By providers, for providers:
A community for problem solving with expert support

This ECHO series provides evidence-based best practices training for primary care providers on menopause topics including perimenopause, physiology and symptoms management, as well as other co-occuring conditions.

Select Topics:

- **Overview of Menopause: Symptoms, physiology, & management**
- **Perimenopause**
- **Menopausal Hormone Therapy: eligibility, gray areas, shared decision making, prescription examples, estrogen types, progestin types**
- **Non-Hormonal Options**
- **Female Sexual Function changes and Genitourinary syndrome of menopause (GSM) (include urinary and vaginal conditions)**
- **Mood, sleep and cognition changes and treatment**
- **Weight management and pharmaceuticals**
- **Bone, joint, skin/hair health**
- **Cardiovascular health and changes during menopause**



Begins Wednesday, January 20th

Weekly (9 Sessions) 12:30-1:30pm EST

Case-based Learning by Participant Cases

Virtual & No Cost

Certified CME Credits

Target Audience: Primary Care Providers

Facilitation Team:



Rachel Pope, MD, MPH
OB/GYN & Chief, Female Sexual Medicine Urology Institute

In Partnership with:

ECHO CHICAGO

AT THE FOREFRONT UChicago Medicine

REGISTER TODAY
Scan the QR code or CLICK HERE

For questions, contact the ECHO-Chicago team at **echo@bsd.uchicago.edu**

About ECHO-Chicago:

ECHO-Chicago (Extension for Community Health Outcomes) is a live virtual online workforce training and capacity-building program housed at the University of Chicago that focuses on promoting use of evidence-based best practices in clinical and non-clinical settings.